



AIKIDO CHUSEIKAN OF TAMPA BAY

Sensei Dan Messisco • Memorial Day Weekend

May 26-28 2017 • Aikido Chuseikan Dojo • Tampa Florida • \$110 / \$40 per class

Aikido Chuseikan is pleased to again host Sensei Dan Messisco (ASU 6th Dan) this Memorial Day, in Tampa Florida. Aikido practitioners of all affiliations and rank are invited to join Sensei Messisco in exploring his insights regarding freedom in practice, creating form to manifest spontaneous technique, building awareness in uke and nage, and receiving as a way of exploring non-escaping. Attendance is limited to the first thirty registrants, so sign up quickly! Registration and payment details can be found at TampaAikido.com/Messisco.

The Dojo is located at 1310 North 15th Street, Tampa, Florida 33605. On-street and gated parking and on-site showers are available.

Schedule:

Friday 26th: 6:30pm-8:30pm

Saturday 27th: 10am-12pm, 230pm-530pm

Sunday 28th: 10am-12pm, 130pm-330pm

