Guest Instructor: Sensei Guy Hagen

Enjoy a day of training under Sensei Borgen’s former student, who studied Judo under him beginning in 1987. Sensei Hagen gave his first seminar at the Bismarck Gentle Ways Dojo in 2004, and returned to participate in the Opening Seminar of Roughrider Judo in Dickinson in Fall of 2004. Celebrate 20 years of Gentle Ways Winter Training with this taste of the past!

Guy Hagen Sensei is a Founder and Head Instructor of Aikido Chuseikan, and currently holds the ASU Aikido rank of yondan (4th degree black belt) under John Messores Shihan. He has been awarded the Ueshiba Juku designation by Saotome Shihan, one of most respected disciples of O Sensei. Literally “the Academy of the Founder”, this indicates not only that he is a true Deshi of Saotome Shihan and an inheritor of his teachings, but is also part of O Sensei’s own school and pure lineage.

Sensei Hagen has been training in martial arts since 1980. He has a shodan in Shorin-Ryu Karate and ranks in several arts including Kodokan Judo under Sensei Vern Borgen, Jhoon Rhee Karate, Shotokan Karate, Kendo, and Yoshinkai Aikido. He has studied Taoist Tai Chi and Lokhupbafa for ten years under a direct student of Master Moy Lin-Shin, and has complemented his studies with Ashtanga Yoga and Systema since 2006.

Sensei Hagen’s instruction will focus on the spiritual and martial aspects of multiple attackers. Please bring your bokken and jo if you have them!

Training Venue
Red River Dojo
1335 Main Avenue
Fargo, ND

Price: $40
USJX Membership required

Schedule
8:00AM ...... Registration
9:30AM ...... Start
12:00PM ...... Lunch Break and Gentle Ways Annual Meeting
1:45PM ...... Resume Training
5:00ish ...... Finish

Dinner / Social
6:30/PM
Fargo Billiards and Gastropub
3234 43rd Street South
Fargo, ND 58104

February 7, 2015